

SAFETY-NET HEALTH EQUITY FELLOWSHIP

2023-2024 SUMMARY

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"I began the fellowship aiming to advocate for underserved populations, and I'm concluding it not only as an advocate but also as someone who knows how to empower them."

-Dr. Shabnum Anwari, Safety-Net Health Equity Fellow 23-24

DIABETES EDUCATION



Educating diverse communities on Diabetes management including nutrition, exercise, mental health through the Driving Education to Empower Patients (D.E.E.P.) Program



HEALTH WORKSHOPS

>20

Health workshops that are culturally competent, incorporating presentations and activities to enhance the health literacy of the community.

EDUCATIONAL RESOURCES

>10



Culturally adept educational materials designed to enhance health literacy, translated into Dari and shared on NSC's online educational hub for millions to access



MEDICARE TOOLKIT

Development of Medicare toolkit that simplifies the fundamentals to ensure that vulnerable populations can easily understand it. Translated to over 5 languages and available to all on NSC's online educational hub



INTERVIEW KIT

Creation of an interview kit for incoming fellows that evaluated their applications and presentations



GRANT WRITING

Working with NSC's grant team with data collection, research and grant writing



PATIENT OUTREACH

Participating in health fairs throughout Northern Virginia to empower the community.



CLINICS

Immunization clinic and Medication Assisted Treatment Clinic through Mason and Partners

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"Throughout this past year, I effectively addressed health literacy while also instilling confidence in patients to take control of their own health. My experience as a fellow has profoundly influenced my career trajectory, leading me to continue my work as a Population Health Pharmacist and Fellowship Coordinator. The mission of NCS deeply resonates with me, and I am committed to supporting future fellows in making a substantial impact both locally and nationally."

-Dr. Shabnum Anwari, Safety-Net Health Equity Fellow 23-24



CONFERENCES **10**

Participated in conferences on health equity and engaged in discussions to deepen my understanding of serving underserved populations.

ENGAGE POSTS **> 5**



Providing education for members of the American Pharmacists Association (APhA) posted on ENGAGE platform



HEALTHCARE PROFESSIONAL'S **> 5** EDUCATION

Providing healthcare professionals across various disciplines with education that includes updates on guidelines, medication management, and information on different pharmaceuticals.

WEBINARS **> 25**



Participated in webinars as part of professional development, covering a diverse range of topics.



>10 MENTORSHIP

Co-precepted students from high school through graduate school aspiring to become future leaders in healthcare.

NSC MARKETING



Contributed to organizational marketing efforts, including the development of a mascot, website design and layout, and social media content.



PHARMACY OPERATIONS

Managed pharmacy operations, including inventory control, medication verification, medication management, technician training, and patient registration.